

Nutritional Label

9" Blackberry Pie

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 120 g		Calories 2,000 2,500	
Servings Per Container 8			
Amount Per Serving			
Calories 260		Calories from Fat 90	
		% Daily Value*	
Total Fat 10g		16 %	
Saturated Fat 3g		15 %	
<i>Trans</i> Fat 0g			
Cholesterol 0mg		0 %	
Sodium 150mg		6 %	
Total Carbohydrate 41g		14 %	
Dietary Fiber 3g		10 %	
Sugars 21g			
Protein 3g			
Vitamin A 0%		• Vitamin C 2%	
Calcium 2%		• Iron 4%	

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		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Blackberries, Water, Wheat Flour, Sugar, Shortening (Soybean Oil, Hydrogenated Soybean Oil, Hydrogenated Cottonseed Oil), Modified Food Starch, Salt, Milk, Potassium Sorbate (Preservative)

CONTAINS: Milk, Soy, Wheat