

Nutritional Label

Cinnamon Rolls (Regular Icing)

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 1/2 roll (65g)		Calories 2,000 2,500	
Servings Per Container 12			
Amount Per Serving			
Calories	180	Calories from Fat	25
% Daily Value*			
Total Fat	3g		4%
Saturated Fat	0.5g		4%
<i>Trans</i> Fat	0g		
Cholesterol	0mg		0%
Sodium	160mg		7%
Total Carbohydrate	37g		12%
Dietary Fiber	1g		3%
Sugars	16g		
Protein	3g		
Vitamin A 0%		• Vitamin C 0%	
Calcium 0%		• Iron 2%	

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		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: INGREDIENTS: Wheat Flour, Water, Powdered Sugar, Sugar, Margarine (Soybean Oil, Hydrogenated Soybean Oil, Mono and Diglycerides, Soy Lecithin, Sodium Benzoate (Preservative), Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate), Shortening (Soybean Oil, Hydrogenated Soybean Oil, Hydrogenated Cottonseed Oil), Yeast, Salt, Cinnamon

CONTAINS: Cinnamon, Soy, Wheat