

Nutritional Label

Nut Log

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 50 g		Calories	2,000 2,500
Servings Per Container 15			
Amount Per Serving			
Calories	180	Calories from Fat	70
% Daily Value*			
Total Fat	8g		13%
Saturated Fat	1.5g		7%
<i>Trans</i> Fat	0g		
Cholesterol	5mg		2%
Sodium	140mg		6%
Total Carbohydrate	22g		7%
Dietary Fiber	1g		5%
Sugars	8g		
Protein	4g		
Vitamin A 0%		• Vitamin C	0%
Calcium 2%		• Iron	4%

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	Less than	65g	80g
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Wheat Flour, Walnuts, Water, Sugar, Sweet Dough Base (Palm Oil, Sugar, Dextrose, Salt, Powdered Whey (A Milk Derivative), Sodium Stearoyl Lactylate, Contains Less than 2% of the Following: Powdered Egg Yolks, Sodium Caseinate (A Milk Derivative), Soy Lecithin, Skim Milk, Propylene Glycol, Artificial Flavor, Monocalcium Phosphate, Artificial Color (Yellow 5, Yellow 6), Natural Flavor), Milk, Yeast, Eggs, Salt, Butter Flavor (Soybean Oil, Hydrogenated Soybean Oil, Contains 2% or Less of Salt, Soy Lecithin, Artificial and Natural Flavor, Beta Carotene (Color), Hydrolyzed Soy Protein, Autolyzed Yeast Extract (Egg, Milk, Soy, Barley), Vanilla Extract

CONTAINS: Eggs, Milk, Nuts, Soy, Wheat