

Nutritional Label Snails

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Serving Size 1 snail (45g)		Calories 2,000 2,500	
Servings Per Container 12			
Amount Per Serving			
Calories 210	Calories from Fat 120		
% Daily Value*			
Total Fat 14g	21 %		
Saturated Fat 2.5g	13 %		
<i>Trans</i> Fat 0g			
Cholesterol 0mg	0 %		
Sodium 180mg	7 %		
Total Carbohydrate 21g	7 %		
Dietary Fiber 1g	2 %		
Sugars 8g			
Protein 2g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 2%		

INGREDIENTS: Wheat Flour, Sugar, Shortening (Soybean Oil, Hydrogenated Soybean Oil, Hydrogenated Cottonseed Oil), Margarine (Soybean Oil, Hydrogenated Soybean Oil, Mono and Diglycerides, Soy Lecithin, Sodium Benzoate (Preservative), Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate), Water, Salt, Cinnamon

CONTAINS: Cinnamon, Soy, Wheat